

La Jolla Vein Care ClariVein Procedure Before your Procedure

Experiencing the ClariVein Procedure:

You have been scheduled for the ClariVein Procedure. This procedure will be done in our office under local anesthesia; however, a light sedative can be administered to help you relax and make your experience more comfortable. Using the ultrasound, the ClariVein catheter will be positioned in the diseased vein through a small opening in the skin. The tiny catheter powered a motorized handle is used to rotate the catheter tip to irritate the inside of the vein. While the catheter is rotating, a liquid sclerosant is injected into your vein causing it to spasm and close down. Once the diseased vein is closed, the blood is re-routed to other healthy veins.

Preparing for your Procedure:

There are no medication restrictions before the procedure. If you have asthma, please bring your inhaler with you to your appointment or your doctor may have recommended to take an antihistamine such as claritin prior to the procedure. You should take this the morning of your treatment.

Please notify our office if you are scheduled to have any type of medical procedure or surgery 2 weeks prior or after your treatment.

If you choose to take the light sedative offered, be sure to make arrangement for transportation to and from the procedure, as you will not be able to drive yourself home. The morning of your procedure, please shower and thoroughly wash your leg with soap from your groin to your ankle and wear loose fitting pants to your appointment. It is also advised for you to bring an extra pair of underwear with you to your appointment. It would be best if you have a light meal before you arrive. You may bring a book or an iPod to listen to during the procedure. We also offer a movie to watch during the procedure. If you already have 30-40 thigh high compression stockings, please bring them with you to your appointment. If not, we will fit you for stockings the day of your procedure.

We have set aside time for your procedure and should you need to reschedule we would appreciate at least a 48-hour courtesy notice. **Please Note:** We must open sealed medical supplies and set up for your procedure prior to your arrival. Should you be unable to make your appointment on the day scheduled, a tray charge of \$150 may be charged, as the VNUS closure supplies cannot be re-used. If you need to cancel or reschedule please call our office at **(858) 550-0330**.

If you have any questions or concerns about Compression Stockings, Before Treatment or After Treatment please call our office at **(858) 550-0330**.

By signing at the line provided, I understand the before care instructions for the Radio-Frequency Ablation Procedure.

Patient Name

Patient Signature

Date

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